The Dutch Vegetarian Society makes it their business to give Dutch consumers information about vegetarian food. It is not essential for humans to eat fish or meat and there are very healthy and tasty alternatives. We would like to point out that fish are animals capable of pain and stress, and they need our protection.

Overlooking the current problems with (over)fishing which Europe and the rest of world face, it seems to us that the European fisheries policy should aim first and foremost at sustainability. The severe ecological problems with the oceans and the social consequences related to (over)fishing, need to be adressed as soon as possible. We would like to see that there is correct information about foodqualities so called attributed to fish, namely omega-3 and 6. If consumers do want to eat fish, this needs to be on sustainable grounds, where individual animal welfare and the survival of the species and the protection of the seas and oceans is guaranteed.

The fish industry needs to be held accountable for this and has to take its own responsibility. We believe that the time to act responsibly is now and that there is an urgent need to reform fisheries policy and make the welfare of fish a top-priority.

The Dutch Vegetarian Society Ms. V. Helder (director)

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